

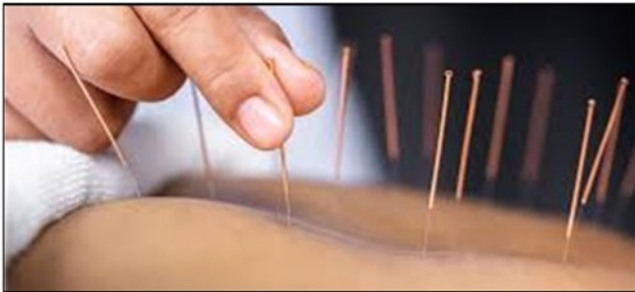
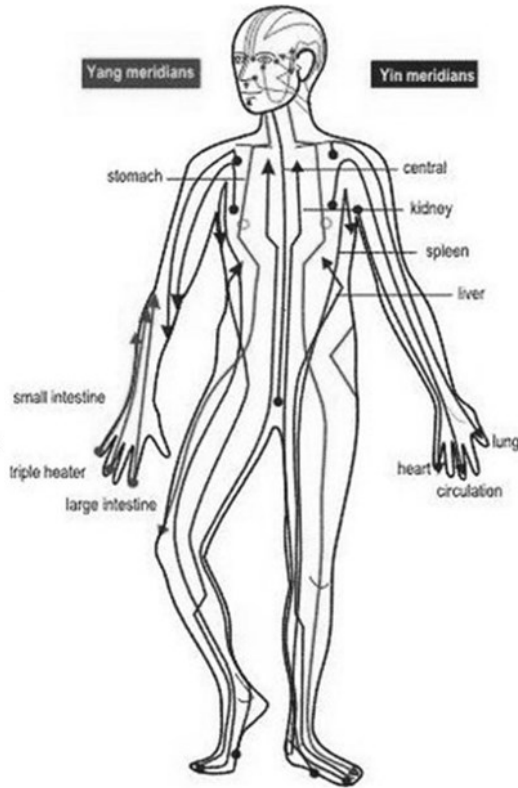
氣 Qi

ACUPUNCTURE

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Salem Chiropractic Clinic
Freeman Chiropractic Solutions

Your body has energy call Qi (*chee*). This energy travels through your entire body via channels called meridians.

Using sterile needles, we can affect the flow of this energy by stimulating acupuncture points along those meridians.



Think of this system like the internet. The web (energy of the our body) is accessed via fiber optic cables (meridians). We can direct our web search (acupuncture points) to bring us to Google so we can search what the heck acupuncture does!

When our internet crashes your internet service providers have to reset your system. This is similar to our body energy being out of balance, acupuncture “resets” that balance. Acupuncture points help release endorphins into the nervous system to balance out your body’s Qi. These points decrease pain because they help release nitrous oxide, which helps increase blood flow to the area and decreases neurotransmitters that transfer pain signals to the brain.

Prices:

1st visit acupuncture exam: \$45

Acupuncture Treatment: \$40

Acupuncture services are cash only.

No insurance will be submitted.

Hours:

Salem: Wed - 11:00-2:00 & Fri - 1:00-2:00

Freeman: Mon, Tues & Thurs - 11:00-2:00

Is Acupuncture Safe?

In the hands of a licensed practitioner acupuncture is a very safe, pain-free, effective, treatment for many acute and chronic conditions.

What can Acupuncture help with?

Acupuncture has been known to help people with back and neck pain, headaches, hip pain, sciatica, plantar fasciitis, tendonitis, sprains/strains, reducing duration of the common cold, vertigo and much more!

Is Acupuncture Painful?

Acupuncture is performed with hair-thin during treatments, much smaller than the needles used to draw blood or give shots.

Are there any side effects?

There may be some minimal bruising and soreness, but Acupuncture is so safe it can be done on babies!

How does Acupuncture work?

According to TCM (traditional Chinese medicine), illness was brought out about by an imbalance of energy in the body (Qi). In acupuncture, disposable, stainless steel needles are used to stimulate the body’s 14 major meridians, or energy-carrying channels, to resist or overcome illnesses by correcting these imbalances.

Where do the needles go?

Needles are placed at specific acupuncture points on the body, depending on where your pain is. These points can be anywhere on your body.

What should I expect for my first treatment?

During the first treatment the practitioner will take a complete health history and establish a complete evaluation of the condition you are seeking treatment. The practitioner will look at your tongue and may palpate specific meridians to look for tender areas.

Can I receive acupuncture when I am pregnant?

Acupuncture is safe during pregnancy and can help relieve many related neuromuscular symptoms associated with pregnancy. Because there are some acupuncture points that are contraindicated during pregnancy it is important to inform the practitioner if you are pregnant. We recommend acupuncture through